

Welcome Autumn



Monday

Tuesday

Wednesday

Thursday

Friday

1

PEPPERONI PIZZA
 CHEESE PIZZA
 NACHOS WITH GROUND BEEF
 CHEESEBURGER ON A BUN
 CHICKEN TENDERS
 ENCHILADA, CHEESE & GREEN CHILI
 SALAD & FRUIT BAR
 ROLLS, WHEAT
 MAYONNAISE
 MUSTARD
 SOUR CREAM
 KETCHUP
 PICKLE CHIPS
 PEPPERS, JALAPENO
 MILK, Skim
 MILK, 1% Lowfat

2

PEPPERONI PIZZA
 CHEESE PIZZA
 NACHOS WITH GROUND BEEF
 CHEESEBURGER ON A BUN
 CHICKEN TENDERS
 ENCHILADA, CHEESE & GREEN CHILI
 SALAD & FRUIT BAR
 ROLLS, WHEAT
 MAYONNAISE
 MUSTARD
 SOUR CREAM
 KETCHUP
 PICKLE CHIPS
 PEPPERS, JALAPENO
 MILK, Skim
 MILK, 1% Lowfat

3

PEPPERONI PIZZA
 CHEESE PIZZA
 NACHOS WITH GROUND BEEF
 CHEESEBURGER ON A BUN
 CHICKEN TENDERS
 ENCHILADA, CHEESE & GREEN CHILI
 SALAD & FRUIT BAR
 ROLLS, WHEAT
 MAYONNAISE
 MUSTARD
 SOUR CREAM
 KETCHUP
 PICKLE CHIPS
 PEPPERS, JALAPENO
 MILK, Skim
 MILK, 1% Lowfat

4

TACO BAR
 SPANISH RICE
 PINTO BEANS
 SALAD & FRUIT BAR
 MILK, Skim
 MILK, 1% Lowfat

7

PEPPERONI PIZZA
 CHEESE PIZZA
 NACHOS WITH GROUND BEEF
 CHILI CHEESE DOG
 SPICY CRISPY CHICKEN SANDWICH
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SALAD & FRUIT BAR
 ROLLS, WHEAT
 MAYONNAISE
 MUSTARD
 KETCHUP
 SOUR CREAM
 PICKLE CHIPS
 PEPPERS, JALAPENO
 MILK, Skim
 MILK, 1% Lowfat

8

PEPPERONI PIZZA
 CHEESE PIZZA
 NACHOS WITH GROUND BEEF
 CHILI CHEESE DOG
 SPICY CRISPY CHICKEN SANDWICH
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SALAD & FRUIT BAR
 ROLLS, WHEAT
 MAYONNAISE
 MUSTARD
 KETCHUP
 SOUR CREAM
 PICKLE CHIPS
 PEPPERS, JALAPENO
 MILK, Skim
 MILK, 1% Lowfat

9

PEPPERONI PIZZA
 CHEESE PIZZA
 NACHOS WITH GROUND BEEF
 CHILI CHEESE DOG
 SPICY CRISPY CHICKEN SANDWICH
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SALAD & FRUIT BAR
 ROLLS, WHEAT
 MAYONNAISE
 MUSTARD
 KETCHUP
 SOUR CREAM
 PICKLE CHIPS
 PEPPERS, JALAPENO
 MILK, Skim
 MILK, 1% Lowfat

10

PEPPERONI PIZZA
 CHEESE PIZZA
 NACHOS WITH GROUND BEEF
 CHILI CHEESE DOG
 SPICY CRISPY CHICKEN SANDWICH
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SALAD & FRUIT BAR
 ROLLS, WHEAT
 MAYONNAISE
 MUSTARD
 KETCHUP
 SOUR CREAM
 PICKLE CHIPS
 PEPPERS, JALAPENO
 MILK, Skim
 MILK, 1% Lowfat

11

PEPPERONI PIZZA
 CHEESE PIZZA
 NACHOS WITH GROUND BEEF
 CHILI CHEESE DOG
 SPICY CRISPY CHICKEN SANDWICH
 QUESADILLA, CHICKEN
 QUESADILLA, CHEESE
 SALAD & FRUIT BAR
 ROLLS, WHEAT
 MAYONNAISE
 MUSTARD
 KETCHUP
 SOUR CREAM
 PICKLE CHIPS
 PEPPERS, JALAPENO
 MILK, Skim
 MILK, 1% Lowfat

14

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHEESEBURGER ON A BUN
CHICKEN TENDERS
ENCHILADA, CHEESE & GREEN CHILI
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
SOUR CREAM
KETCHUP
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

15

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHEESEBURGER ON A BUN
CHICKEN TENDERS
ENCHILADA, CHEESE & GREEN CHILI
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
SOUR CREAM
KETCHUP
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

16

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHEESEBURGER ON A BUN
CHICKEN TENDERS
ENCHILADA, CHEESE & GREEN CHILI
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
SOUR CREAM
KETCHUP
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

17

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHEESEBURGER ON A BUN
CHICKEN TENDERS
ENCHILADA, CHEESE & GREEN CHILI
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
SOUR CREAM
KETCHUP
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

18

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHILI CHEESE DOG
SPICY CRISPY CHICKEN SANDWICH
QUESADILLA, CHICKEN
QUESADILLA, CHEESE
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
KETCHUP
SOUR CREAM
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

21

NO SCHOOL TODAY

22

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHILI CHEESE DOG
SPICY CRISPY CHICKEN SANDWICH
QUESADILLA, CHICKEN
QUESADILLA, CHEESE
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
KETCHUP
SOUR CREAM
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

23

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHILI CHEESE DOG
SPICY CRISPY CHICKEN SANDWICH
QUESADILLA, CHICKEN
QUESADILLA, CHEESE
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
KETCHUP
SOUR CREAM
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

24

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHILI CHEESE DOG
SPICY CRISPY CHICKEN SANDWICH
QUESADILLA, CHICKEN
QUESADILLA, CHEESE
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
KETCHUP
SOUR CREAM
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

25

PASTA BAR
GARLIC BREAD
SALAD & FRUIT BAR
MILK,Skim
MILK,1% Lowfat

28

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHEESEBURGER ON A BUN
CHICKEN TENDERS
ENCHILADA, CHEESE & GREEN CHILI
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
SOUR CREAM
KETCHUP
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

29

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHEESEBURGER ON A BUN
CHICKEN TENDERS
ENCHILADA, CHEESE & GREEN CHILI
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
SOUR CREAM
KETCHUP
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

30

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHEESEBURGER ON A BUN
CHICKEN TENDERS
ENCHILADA, CHEESE & GREEN CHILI
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
SOUR CREAM
KETCHUP
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat

31

PEPPERONI PIZZA
CHEESE PIZZA
NACHOS WITH GROUND BEEF
CHEESEBURGER ON A BUN
CHICKEN TENDERS
ENCHILADA, CHEESE & GREEN CHILI
SALAD & FRUIT BAR
ROLLS, WHEAT
MAYONNAISE
MUSTARD
SOUR CREAM
KETCHUP
PICKLE CHIPS
PEPPERS,JALAPENO
MILK,Skim
MILK,1% Lowfat