

Lake County School District R-1

WEST PARK ELEMENTARY- LUNCH 1

Oct 22, 2015

West Park Elementary School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 TURKEY & CHEESE SANDWICH CHIP, MULTIGRAIN, SUNCHIPS SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD	Nov - 3 ENCHILADA CASSEROLE CINNAMON STICK SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Nov - 4 PEPPERONI PIZZA FRESH VEGGIES FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON RANCH BUTTERMILK DRESSING	Nov - 5 CHICKEN NOODLE SOUP CRACKERS, OYSTER SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Nov - 6 MACHO NACHOS BLUEBERRY MUFFIN 2.0oz SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON
Nov - 9 CHICKEN,GRILLED ON BUN POTATOES AU GRATIN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat MAYO MUSTARD PICKLE, SLICES	Nov - 10 ITALIAN DIP STICKS SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Nov - 11 GRILLED HAM AND CHEESE FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat RANCH BUTTERMILK DRESSING	Nov - 12 CHILI CON CARNE W/ BEANS CORNBREAD SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON CHEESE, CHEDDAR	Nov - 13 MACARONI AND CHEESE CHICKEN TENDERS SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON
Nov - 16 HAMBURGER ON A BUN FRENCH FRIES SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD PICKLE, SLICES	Nov - 17 THANKSGIVING DINNER FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Nov - 18 SUNFLOWER&JELLY SANDWICH YOGURT, variety 4 oz cup FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat RANCH BUTTERMILK DRESSING	Nov - 19 CHICKEN QUESADILLA CORN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat SALSA	Nov - 20 CORN DOG BAKED BEANS GOLD FISH / .75oz SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Nov - 23 NO SCHOOL TODAY	Nov - 24 NO SCHOOL TODAY	Nov - 25 NO SCHOOL TODAY	Nov - 26 NO SCHOOL TODAY	Nov - 27 NO SCHOOL TODAY
Nov - 30 TURKEY & CHEESE SANDWICH CHIP, MULTIGRAIN, SUNCHIPS SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD				

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.